



**Are our young athletes safe?**

You can help ensure the answer is *yes!*

**COACHES** - Keep up to date on CPR/AED and First Aid. Morning course scheduled for November 15.

**ATHLETES** - FREE sports physicals scheduled for November 19, 5:30-7 pm.

**PARENTS** - Learn about concussions, CPR and AED. Scheduled for November 20, 5:30-6:30 pm.

**Safe Sports Network is dedicated to youth sports safety.  
Call us to sign up for the event that's best for you:**

**603 627-9728**

**Amy@nhmi.net**

*Youth Sports Safety is brought to you by:*



**COUNT US IN**



Harvard Pilgrim  
HealthCare of New England

NEW HAMPSHIRE  
**UNION LEADER**